

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MID MORNING SNACK	Whole fruit or cookies	Whole fruit or cookies	Whole fruit or cookies	Whole fruit or cookies	Whole fruit or cookies
MEAT/FISH OPTION	Fried Cantonese rice	Sausage & mash	Gnocchi with tomato sauce & basil	Lemon & thyme chicken thighs	Battered fish Battered sausages
VEGETARIAN OPTION	Fried mushroom and tofu rice	Vegetarian sausages	Gnocchi with courgette pesto & peas	Tomatoes stuffed with rice & feta	Roast peppers & marjoram frittata
ON THE SIDE	Green beans and Chinese cabbage	Mash, peas , carrots & gravy	Broccoli	Roast potatoes, cauliflowers	French fries, peas And mushy peas
EVERYDAY	-Jacket potatoes with baked beans. -Pasta & tomato sauce. -Soup of the day and bread.	-Jacket potatoes with baked beans. -Pasta & tomato sauce. -Soup of the day and bread.	-Jacket potatoes with baked beans. -Pasta & tomato sauce. -Soup of the day and bread.	-Jacket potatoes with baked beans. -Pasta & tomato sauce. -Soup of the day and bread.	-Jacket potatoes with baked beans. -Pasta & tomato sauce. -Soup of the day and bread.
SALAD BAR	Salad selection	Salad selection	Salad selection	Salad selection	Salad selection
DESSERT	Blueberry & apple crumble	Fruit platter	Chocolate & vanilla pudding	Fruit platter	Rhubarb cake

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
AM/PM SNACK	Whole fruit or cookies	Whole fruit or cookies	Whole fruit or cookies	Whole fruit or cookies	Whole fruit or cookies
MEAT/FISH OPTION	Baked pasta with tuna & sweetcorn	Shepherd's pie	Chicken Saag	Tofu Chow Mein	Roast gammon
VEGETARIAN OPTION	Baked pasta with broccoli & ricotta	Baked polenta with mushrooms & brie	Saag Paneer	Tofu Chow Mein	Vegetable pasties
ON THE SIDE	Carrots and cabbage	Peas and sweetcorn	Basmati rice & green beans	Bok choy	Chips & peas
EVERYDAY	-Jacket potatoes with baked beans. -Pasta & tomato sauce. -Soup of the day and bread.	-Jacket potatoes with baked beans. -Pasta & tomato sauce. -Soup of the day and bread.	-Jacket potatoes with baked beans. -Pasta & tomato sauce. -Soup of the day and bread.	-Jacket potatoes with baked beans. -Pasta & tomato sauce. -Soup of the day and bread.	-Jacket potatoes with baked beans. -Pasta & tomato sauce. -Soup of the day and bread.
SALAD BAR	Salad selection	Salad selection	Salad selection	Salad selection	Salad selection
DESSERT	Pear & chocolate pie	Fruit platter	Vanilla sponge with blueberry icing and mint	Fruit platter	Plum trifle

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
AM/PM SNACK	Whole fruit or cookies	Whole fruit or cookies	Whole fruit or cookies	Whole fruit or cookies	Whole fruit or cookies
MEAT/FISH OPTION	Chicken, lemon and olives tagine	Sausage plait	Lentil & kidney bean chilli	Pasta with Bolognese	Battered fish Battered sausages
VEGETARIAN OPTION	Aubergine & courgette tagine	Potato, cheese & spinach plait	Lentil & kidney bean chilli	Pasta with mascarpone and vegetable sauce	Butternut squash gateau
ON THE SIDE	Moroccan couscous	Parsley, carrot & roasted cauliflower	Tortillas, sour cream, salsa, cheese & sweet corn	Green beans	French fries, peas And mushy peas
EVERYDAY	-Jacket potatoes with baked beans. -Pasta & tomato sauce. -Soup of the day and bread.	-Jacket potatoes with baked beans. -Pasta & tomato sauce. -Soup of the day and bread.	-Jacket potatoes with baked beans. -Pasta & tomato sauce. -Soup of the day and bread.	-Jacket potatoes with baked beans. -Pasta & tomato sauce. -Soup of the day and bread.	-Jacket potatoes with baked beans. -Pasta & tomato sauce. -Soup of the day and bread.
SALAD BAR	Salad selection	Salad selection	Salad selection	Salad selection	Salad selection
DESSERT	Rice pudding	Fruit platter	Doughnuts	Fruit platter	Chocolate and banana bread