



Preventing the spread of Covid-19

You should book a Covid-19 test if your child has:



A HIGH TEMPERATURE

They are hot to touch on their chest or their back



A NEW CONTINUOUS COUGH

Coughing a lot for more than an hour or 3 or more coughing episodes in 24 hours



A LOSS OR CHANGE TO THEIR SENSE OF TASTE OR SMELL

They cannot smell or taste anything or things smell or taste different to normal

Your child does not need a test if they have a runny nose, are sneezing or feeling unwell but do not have the three symptoms listed above

<i>If</i>	Your child has Covid-19 symptoms	Someone in your household has Covid-19 symptoms	Your child tests positive for Covid-19	Someone in your household tests positive for Covid-19
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DO NOT SEND YOUR CHILD TO SCHOOL

<i>You should</i>	<ul style="list-style-type: none"> Book a Covid-19 test Only the person with symptoms needs the test Household self-isolates Inform school immediately about test result 	<ul style="list-style-type: none"> The household member should book a Covid-19 test Household self-isolates Inform school immediately about test result 	<ul style="list-style-type: none"> Inform school immediately about test result Child self-isolates for at least 10 days as advised Other members of household to continue self-isolating for 14 days and only get a test if they develop symptoms 	<ul style="list-style-type: none"> Inform school immediately about test result Self-isolate for 14 days and only get a test if you develop symptoms
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<i>You can return</i>	If the result is negative, they feel well enough, they have not had a fever for 48 hours and haven't been advised to self-isolate by NHS Test and Trace	If the household member's test is negative and they haven't been advised to self-isolate by NHS Test and Trace	After 10 days even if they still have a cough/loss of smell or taste. These symptoms can last for several weeks.	When they have completed 14 days of self-isolation without any symptoms.
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<i>If</i>	Contact tracing has identified my child as a close contact	Your child has travelled abroad and has to self-isolate	Your child has been in contact with someone who has been identified as a close contact	Another child in your child's bubble tests positive for Covid-19
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DO NOT SEND YOUR CHILD TO SCHOOL

<i>You should</i>	<ul style="list-style-type: none"> Self-isolate for at least 14 days as advised by NHS Test and Trace 	<ul style="list-style-type: none"> Self-isolate for at least 14 days in line with quarantine advice 	<ul style="list-style-type: none"> Attend school as normal If they do not have any symptoms they should carry on with normal activities 	<ul style="list-style-type: none"> Await guidance from the school who will consult Public Health England for specific advice You may be asked to self-isolate
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<i>You can return</i>	When they have completed 14 days of self-isolation without any symptoms	When they have completed 14 days of self-isolation without any symptoms		When advised to do so by the school
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If..
your child is ill with other reasons that you know are not Covid-19 e.g. a broken bone or recurrent allergy

You should..
Inform school using the usual sickness procedure

- You can return..*
- When your child feels well
 - If everyone in your household who has symptoms tests negative or 14 days have passed since they developed symptoms
 - You were not told to self-isolate for 14 days by NHS Test and Trace

If..
you are unsure the symptoms your child has are related to Covid-19

You should..
Refer to the contacts below

For advice on symptoms visit

- <https://www.nhs.uk/conditions/coronavirus-covid-19/symptoms/>
- <https://111.nhs.uk/covid-19>
- <https://www.nhs.uk/live-well/healthy-body/is-my-child-too-ill-for-school/>

Or for more info call 111

To get a test

Go via the NHS website:
<https://www.nhs.uk/conditions/coronavirus-covid-19/testing-and-tracing/get-a-test-to-check-if-you-have-coronavirus/>

In a health emergency
Call 999

If your child has been identified as a close contact of a case of Covid-19, or has returned from travel abroad and is self-isolating, they must self-isolate for 14 days regardless of a negative Covid-19 test result.