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|  | **MONDAY** | **TUESDAY** | **WEDNESDAY** | **THURSDAY** | **FRIDAY** |
| **SOUP** | Chunky Bean and Tomato HotPot Soup  | Carrot and Orange soup | Chicken Noodle Soup | Leek and Potato soup | Soup of the Day  |
| **MAIN MEAL** | Chilli Con Carne with Cheese, Sour Cream and Tortillas | Thai Green Chicken Curry with Coconut and Coriander | Pork Sausages with Sticky Onions and Gravy | Chicken and Vegetable Stir-Fry with Sweet Chilli and Prawn Crackers  | Salmon and Spinach Fish Pie topped with Cheddar  |
| **VEGETARIAN**  | Quorn and Lentil Chilli | Thai Vegetarian Jungle Curry with Butternut Squash and Coconut | Vegetable Sausages with Sticky Onions and Gravy | Vegetable and Tofu Teriyaki Stir-Fry with Prawn Crackers | Baked Tomato with Goats Cheese & Pesto |
| **ON THE SIDE** | Green beansBrown riceGrated cheeseSelection of saladsTortilla chips | Coconut RiceButtered Green VegetablesSelection of SaladsBrown Baguette | Mashed potatoesSeasonal Cabbage SweetcornSelection of SaladsBrown Baguette | Egg noodlesPanache of VegetablesSelection of saladsHomemade Bread | Broccoli and crushed carrotsSelection of SaladsBrown Baguette |
| **DESSERT** | Chocolate Cookies | Yoghurt with fruit compoteFresh fruit | Vanilla cheesecakeFresh Fruit | Beetroot Brownie | Selection of Sliced FruitWhole fresh Fruit |



**AUTUMN WEEK 3**