

SPRING MENU 2019



Week 1

Week commencing: 18/03/2019

Monday	Tuesday	Wednesday	Thursday	Friday
Chicken Korma with Rice and Naan Bread	Beef Lasagne served with Garlic Bread	Pork Sausage, Mash Potatoes, Gravy, Peas	Beef Meatballs Spaghetti in Tomato Sauce Beans	Cod Fish Fingers, Potatoes, Baked Beans
Tomato and Cheese Pizza, House Salad	Tomato Basil Fusilli Pasta, Green Beans	Vegetarian Sausage, Mash Potatoes, Gravy	Jacket Potato Bar: Tuna, Beans, Cheese, Coleslaw	Macaroni Cheese, Peas
Chicken Caesar Salad Sandwich	Mozzarella, Tomato Baguette	Tuna Salad Sandwich	Ham and Cheese Salad Baguette	Salmon and Cream Cheese Bagel
Fresh Cut Fruit, Greek Yogurt, Granola	Fresh Cut Fruit, Greek Yogurt, Dried Fruit	Fruit Salad, Cheese and Crackers	Fresh Cut Fruit, Greek Yogurt, Granola	Fruit Salad, Cheese and Crackers
Angel Sparkle Cake	Apricot Flapjack with Glass of Milk	Oreo Cake	Sultana Scones with Jam	Chocolate Marble Cake

Week 2

Week commencing: 25/03/2019

Monday	Tuesday	Wednesday	Thursday	Friday
Mexican Chilli Con Carne, Rice Nachos, Salsa	Roast Chicken and Gravy, New Potatoes, Peas	Ham Carbonara, Peas, Garlic Bread	Beef Burger in Bun, Corn on the Cob	Cod Fish Fingers, Potatoes and Baked Beans
Classic Tomato Spaghetti, Parmesan, Garlic Bread	Quorn Chipolata Sausages, New Potatoes, Peas	Tex-Mex, Cheese Quesadilla, Nachos, Salsa	Bean Burger in Bap, Corn on the Cob	School Favourite Panini, Salad Bar
Cheese and Salad Baguette	Tuna and Sweet Corn Rolls	Chicken and Salad Sandwich	Meatball Wrap	Ham and Cheese Salad Baguette
Fresh Cut Fruit, Greek Yogurt, Granola	Fresh Cut Fruit, Greek Yogurt, Dried Fruit	Fruit Salad, Cheese and Crackers	Fresh Cut Fruit, Greek Yogurt, Granola	Fruit Salad, Cheese and Crackers
American Pancake with Maple Syrup	Sponge Cake with Icing	Croissant with Jam	Apple Crumble with Custard	Cream Cheese Brownies

Week 3

Week commencing: 1/04/2019

Monday	Tuesday	Wednesday	Thursday	Friday
Beef Spaghetti Bolognese, Garlic Bread	Chicken and Vegetable Curry, Rice, Nann Bread	Pork Sausages Hot Dogs, New Potatoes, Peas	Chicken Goujons in Tortilla, Corn on the Cob, Nachos	Cod Fish Fingers with Potatoes and Baked Beans
Margarita Pizza, Mozzarella Tomato Salad	Quorn Meatballs in Tomato Sauce and Penne Pasta	Vegetarian Sausage in Bun, New Potatoes	Quorn Dippers in Tortilla, Corn on the Cob, Nacho's	Mac and Jack, Baked Beans
Mozzarella, Tomato Baguette	Chicken Caesar Salad Sandwich	Tuna, Cucumber Baguette	Ham and Cheese Sandwich	Falafel Hummus Wrap
Fresh Cut Fruit, Greek Yogurt, Granola	Fresh Cut Fruit, Greek Yogurt, Dried Fruit	Fruit Salad, Cheese and Crackers	Fresh Cut Fruit, Greek Yogurt, Granola	Fruit Salad, Cheese and Crackers
Chocolate Muffins	Milk Chocolate Cookie with Glass of Milk	Belgium waffle with Cream	Strawberry Jelly Squeeze	Shortbread with Custard

Vegetarian option

AVAILABLE DAILY: Salad bar (tomatoes, cucumber, lettuce, carrot sticks, olives, peppers, sweetcorn), Fruit slice (melon, watermelon, orange, banana, apple), Fruit salad (blueberry, raspberry, grapes, mandarins, peach), Fresh milk with biscuits, Seasonal Vegetables, Yeo® organic yoghurt, Cheese & Crackers